



EMHC EXTRAORDINARY MINISTERS
OF THE HOLY COMMUNION

PRAYERS

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COMMON PRAYERS

The Sign Of The Cross

(Bring right hand to forehead, chest, left then right shoulder)

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

In nomine Patris et Filii et Spiritus Sancti. Amen

Our Father

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses
as we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee.

Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen

Glory

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and will be forever. Amen

Apostles Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into hell. On the third day he rose again.

He ascended into heaven and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen

The Angelus

The angel of the Lord declared to Mary:

R. And she conceived of the Holy Spirit.

(Hail Mary...)

Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

(Hail Mary...)

And the Word was made flesh.

R. And dwelt among us.

(Hail Mary...)

Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech thee, O Lord, thy grace into our hearts; that, we to whom the incarnation of Christ, thy Son, was made known by the message of an angel, may by his passion and cross, be brought to the glory of his resurrection, through the same Christ Our Lord. Amen

DAILY PRAYERS

Protect my Day

Blessed be my protection when I go out during day or night, That thou mayest not let any of my enemies, or thieves, approach me, If they do not intend to bring me what was intended from your Holy Altar. Because God the Lord Jesus Christ is ascended into Heaven in his living Body, And so shall my body and wellbeing be protected on this journey. O Lord, bless me and watch over me day and night. In the name of the Father, the Son and the Holy Spirit. Amen.

A Morning Daily Devotional

Dear God, as I begin this day, Let me turn my thoughts to you And ask Your help in guiding me In everything I say and do. Give me the patience that I need To keep my peace of mind And with life's cares, I hope, dear God, Some Happiness to find. Let me live but for Today Not worrying what's ahead, For I have trust that you will see That I get my "daily bread." Amen.

May Today Be All That I Need It To Be

May today be all that I need it to be. May the peace of God and the freshness the Holy Spirit rest in my thoughts, rule in my dreams and conquer all my fears. May God manifest himself today in ways that I have never experienced. May my joys be fulfilled, my dreams become closer and my prayers be answered. I pray that my faith enters a new height, that my territory is enlarged and that I make one step closer to my destiny. I pray for peace, health, happiness and true and undying love for God.

Grace Before & After Meals

Before: Bless us Oh Lord, and these thy gifts, which we are about to receive, from thy bounty, through Christ, Our Lord. Amen.

After: We give Thee thanks for all Thy benefits, O Almighty God, who livest and reignest world without end. Amen. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

A Bed Time Devotional

Dear Father in Heaven! I thank You that You have been with me during this day, and have brought me safely to its close. Help me to be thankful for Your watchful care over me. Be You now also with me during the darkness of the night. Watch over me and let no evil come nigh unto me. Give unto me sweet and refreshing rest, and grant that I may arise again in health and vigor. Help me to be Your loving child and to grow in grace daily. All this I ask in Jesus' sake. Amen.

A Prayer for Hope

Heavenly father, I am your humble servant, I come before you today in need of hope. There are times when I feel helpless, There are times when I feel weak. I pray for hope. I need hope for a better future. I need hope for a better life. I need hope for love and kindness. Some say that the sky is at its darkest just before the light. I pray that this is true, for all seems dark. I need your light, Lord, in every way. I pray to be filled with your light from head to toe. To bask in your glory. To know that all is right in the world, as you have planned, and as you want it to be. Help me to walk in your light, and live my life in faith and glory. In your name I pray. Amen.

PRAYERS FOR HEALING

A Prayer to Jesus for Healing

Dear Lord, You are the Just judge, Holy and True. You are the Most High God. You give us life. You hold all power in your hands. You are the Mighty one from God who carries the world, and is ruler over all the earth. You Oh Most Blessed One are the giver of life. In you are only good things. In you is mercy and love. In you is healing of the nations. In you is freedom of worry and freedom of pain.

Lord Almighty, You loved us so much. You were sent from your Father, sent to save us from destruction. We truly can never make it to Heaven without the help of Jesus the Son, who was sent to earth to help us. You, Lord are full of mercy and grace, please forgive us for our faults. Lord Jesus, in you all healing is performed.

You Lord are the miracle worker. In your Spirit, your gift of healing is alive. In you Lord we can put our trust that you can heal us, and protect us from the enemy, and death of our soul. You, Lord are miracle worker for the sick, and for the lost souls. You, Lord forgive us and save us from condemnation. You cleanse us and make us born again new. You give us a clean heart full of peace.

You Lord are the Light. In You is all truth. Your way Lord is the way to Heavenly Hope. Your hands Lord created the universe. You Lord are the True giver of Life. Every child is a miracle of Life. Life rests in Your Hands. Wrap us as a close knit family, draw us near to you Lord, and bind us with your Loving Hands. Let us be drawn closer to You. You are the Vine, dear Lord and we are the branches.

You carry all knowledge and all power. You Lord are our medicine. Your Words Lord are Truth and Life. Help us put our trust in You.

You Lord are the greatest physician. You heal, You protect, You care, You love, You are kind, You are patient, You are thoughtful, You are strength. You Lord are our Creator. You know our thoughts, our sighings and our cryings and every hair on our head. You are Wonderful and make all good things for us.

Heal us Lord, if it be Your will. Amen.

Renew My Mind, Body & Soul

Lord, I come before you today in need of your healing hand. In you all things are possible. Hold my heart within yours, and renew my mind, body, and soul. I am lost, but I come to you with grace. You gave us life, and you also give us the gift of infinite joy. Give me the strength to move forward on the path you've laid out for me. Guide me towards better health, and give me the wisdom to identify those you've placed around me to help me get better. Amen.

To Heal a Friend

Think, o God, of our friend who is ill, whom we now commend to Your compassionate regard. Comfort him upon his sickbed, and ease his suffering. We beg for deliverance, and submit that no healing is too hard for the Lord, if it be His will. We therefore pray that You bless our friend with Your loving care, renew his strength, and heal what ails him in Your loving name. Thank You, Lord. In your name I pray, Amen.

A Prayer Against Disease

Lord, Your scripture says that you heal all diseases and whoever believes in You will not perish but have an everlasting life. Strengthen me, Lord, in this time of illness. Sustain him as he lays sick in his bed. When You were on Earth, you did all things good and healed all kinds of sickness. You healed those who had diseases. You died and rose for our sins and that we may have eternal life, Lord. I believe in my heart that You are here with us today and that with Your most holy power will remove all sicknesses and evils that roam the earth. Let it be done in Your glory, Lord. We praise and glorify Your name. Amen.

My Lighthouse of Hope

Most gracious and loving Father, I want to thank You for all the blessings You've given me, my family and friends and all those I hold dear. Thank You Lord for giving me another day to see the beauty of your creations. You know the state of crisis that I am in now Lord. I want to be of use again to You, Lord. In the time of my hospitalization, You Lord remain as my rock and my anchor. You stand as my lighthouse giving me hope. I pray Lord that you will heal me soon. In Jesus' name, Amen.

A Prayer to Ease Pain

Almighty Father, Thank you for your love, grace and mercy. I pray that my discomforts will turn to comforts, my pains to gains, my deprivation to more blessings, my losses to profits, my tear to smiles, my sorrows to pleasures, my illness to wellness, my debts to credits and my dreams to realities. I trust in you Lord and in you alone to heal me with any form of skepticism towards blessing that you will be employed upon me. I trust, Lord, that this agony and suffering that is only in my head, will come to end and positivism will shine upon me. Amen.

PRAYERS FOR SICKNESS

Give Me Strength, Lord

Lord, you are Holy above all others, and all of the strength that I need is in your hands. I am not asking, Lord, that you take this trial away. Instead, I simply ask that Your will be done in my life. Whatever that means, that is what I want. But I admit that it's hard, Lord. Sometimes I feel like I can't go on. The pain and the fear are too much for me, and I know that I don't have the strength on my own to get through this. I know that I can come to you, Jesus, and that you will hear my prayer. I know that it is not your intent to bring me to this point just to leave me in the wilderness alone. Please, Lord, give me the strength that I need to face today. I don't have to worry about tomorrow. If you just give me the strength that I need today that is all I need. Keep me from sinning during this trial. Instead, help me to keep my eyes on you. You are the Holy Lord, and all of my hope rests in you. Thank you for hearing my prayer. In Jesus' name. Amen.

Prayer for a Sick Person

Almighty and Eternal God, You are the everlasting health of those who believe in You. Hear us for Your sick servant (N...) for whom we implore the aid of Your tender mercy, that being restored to bodily health, he (she) may give thanks to You in Your Church. Through Christ our Lord. Amen.

Prayer in Time of Sickness

O Jesus, You suffered and died for us; You understand suffering; Teach me to understand my suffering as You do; To bear it in union with You; To offer it with You to atone for my sins And to bring Your grace to souls in need. Calm my fears; increase my trust. May I gladly accept Your holy will and become more like You in trial. If it be Your will, restore me to health so that I may work for Your honor and glory and the salvation of all men. Amen.

Prayer in Time of Suffering

Behold me, my beloved Jesus, weighed down under the burden of my trials and sufferings, I cast myself at Your feet, that You may renew my strength and my courage, while I rest here in Your Presence. Permit me to lay down my cross in Your

Sacred Heart, for only Your infinite goodness can sustain me; only Your love can help me bear my cross; only Your powerful hand can lighten its weight.

O Divine King, Jesus, whose heart is so compassionate to the afflicted, I wish to live in You; suffer and die in You. During my life be to me my model and my support; At the hour of my death, be my hope and my refuge. Amen.

A Prayer for the Sick Near Death

Almighty and Everlasting God, preserver of souls, who dost correct those whom Thou dost love, and for their betterment dost tenderly chastise those whom Thou dost receive, we call upon Thee, O Lord, to grant Thy healing, that the soul of Thy servant, at the hour of its departure from the body, may by the hands of Thy holy Angels be presented without spot unto Thee. Amen.

Prayer for Women with Breast Cancer

Father, for the strength you have given me I thank you.
For the health you have blessed me with, I thank you.
For the women who are going through breast cancer and their families
I ask you to strengthen and to heal as you see fit.

Lord we know you want us to be in good health and to prosper.
Lord use us to do the work you have for us to do.
For we know time is getting short on this earth.
Lord be with every woman who is sick and encourage them as only you can.
I know how faithful you are.

You have shown yourself to be everything you say you are in your Holy Word.
I praise you for you made this body and you can heal this body.
In Jesus Name I pray. Amen.